

# Sioux Valley School District

## February 2019 Elementary Lunch Menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**Fill Up & Fuel Up  
at the  
Unlimited Fruit & Vegetable Bar**




\*Please\*  
remember to take  
at least  
½ cup fruit & or  
veggies for a well  
balance meal

**1**  
A. Beef Soft Shell Tacos  
B. Cheeseburger  
C. Italian Sub  
  
Tater Tots

**4**  
A. Grilled Cheese Sandwich  
B. Pork Fritter Sandwich  
C. Turkey & Cheese Sub  
  
Baked Fries

**5**  
A. Cheeseburger Mac  
B. Chicken Nuggets  
C. Chef Salad  
  
Cinnamon Roll  
Carrots

**6**  
A. Super Mexi Tots  
w/Bread  
B. Cheese Stuffed Breadsticks  
C. Cold Cut Sub  
  
California Blend Veggies

**7**  
A. Chicken & Noodles  
w/Bread  
B. Beef Hot Dog on Bun  
C. Yogurt & Uncrustable®  
  
Peas

**8**  
**Fresh Baked**  
A. Sausage Pizza  
B. Cheese Pizza  
C. Italian Sub  
  
Sidekicks® Frozen Juice Cup

**11**  
A. Chicken Drumstick  
w/Dinner Roll  
B. Pulled Pork Sandwich  
C. Turkey & Cheese Sub  
  
Mashed Potatoes w/Gravy

**12**  
A. White Goulash  
B. Crispy Chicken Sandwich  
C. Ham & Cheese Sub  
  
Corn

**13**  
A. Cheese Ravioli  
w/Garlic Bread  
B. Corn Dog  
C. Cold Cut Sub  
  
Broccoli

**14**  
A. Tangerine Chicken w/Rice  
B. Pork Rib Sandwich  
C. Yogurt & Uncrustable®  
  
Stir Fry Veggies 

**15**  
**No School**

**18**  
**No School**

**19**  
A. Mac n' Cheese  
B. Corn Dog  
C. Ham & Cheese Sub  
  
A&B: Carnival Cookie  
Sidekicks® Frozen Juice Cup

**20**  
A. Chicken Nuggets  
w/Dinner Roll  
B. Pulled Pork Sandwich  
C. Cold Cut Sub  
  
Baked Beans

**21**  
A. Nachos Grande  
B. Meatballs w/ Gravy  
C. Yogurt & Uncrustable®  
  
A&B: Rice  
Corn

**22**  
A. Goulash w/Dinner Roll  
B. Crispy Chicken Sandwich  
C. Italian Sub  
  
Green Beans

**25**  
A. Eggs w/ French Toast  
B. Mini Corn Dogs  
C. Turkey & Cheese Sub  
  
Tater Tots

**26**  
A. Italian Dunkers  
B. BBQ Meatball Sub  
C. Ham & Cheese Sub  
  
Green Beans

**27**  
A. Sloppy Joe on Bun  
B. Breaded Fish Sandwich  
C. Cold Cut Sub  
  
Baked Fries

**28**  
A. Chili w/ Corn Chips  
B. White Chicken Chili  
C. Yogurt & Uncrustable®  
  
Cinnamon Roll  
Carrots

**National  
Chili Day  
28<sup>th</sup>**

### Daily Lunch Menu Includes

- Choice of A, B or C Entrées
- Unlimited Fresh Field Bar
- Milk Choice: Strawberry Skim, Chocolate Skim and 1% White

### Meal Prices

Student Lunch K-5: \$2.70  
Reduced Lunch: \$.40  
Adult Lunch: \$3.65  
Extra Entrée: \$1.80  
Extra Milk: \$.50

### Fill Up & Fuel Up

**Unlimited Fresh Field Bar**  
Vegetables on the menu and on the  
fruit & vegetable bar  
meet or exceed all vegetable  
subgroup weekly requirements

