

Sioux Valley School District

November Breakfast Menu

Monday

Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

Tuesday



Wednesday

Please
remember to take
at least
½ cup fruit & or
Juice for a well
balance meal

Thursday

- 1
- A. Egg & Chz English Muffin
 - B. Strawberry Cream Bagels
 - C. Chocolate Filled Crescent

Fruit & Juice
Milk Choice

Friday

- 2
- A. Long John Donut
 - B. Super Cinni Pretzel
 - C. Breakfast Pizza

Fruit & Juice
Milk Choice

- 5
- A. Breakfast Boat
 - B. Breakfast Round
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 6
- A. Sausage, Tri-Tater, Toast
 - B. Mini Cinnis
 - C. Dutch Waffle

Fruit & Juice
Milk Choice

- 7
- A. Waffles
 - B. Cherry Frudel
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 8
- A. Pancake Sausage Stick
 - B. Strawberry Cream Bagels
 - C. Chocolate Filled Crescent

Fruit & Juice
Milk Choice

- 9
- A. Glazed Donut Ring
 - B. Super Cinni Pretzel
 - C. Breakfast Pizza

Fruit & Juice
Milk Choice

- 12
- A. Pancakes
 - B. Breakfast Round
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 13
- A. Breakfast Taco
 - B. Mini Cinnis
 - C. Dutch Waffle

Fruit & Juice
Milk Choice

- 14
- A. Dutch Waffle
 - B. Cherry Frudel
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 15
- A. Breakfast Sliders
 - B. Strawberry Cream Bagels
 - C. Chocolate Filled Crescent

Fruit & Juice
Milk Choice

- 16
- A. Cinnamon Roll
 - B. Super Cinni Pretzel
 - C. Breakfast Pizza

Fruit & Juice
Milk Choice

- 19
- A. Breakfast Pizza
 - B. Breakfast Round
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 20
- A. Cheesy Eggs w/Toast
 - B. Mini Cinnis
 - C. Dutch Waffle

Fruit & Juice
Milk Choice

No School

Happy
Thanksgiving!



No School

- 26
- A. Breakfast Boat
 - B. Breakfast Round
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 27
- A. Sausage, Tri-Tater, Toast
 - B. Mini Cinnis
 - C. Dutch Waffle

Fruit & Juice
Milk Choice

- 28
- A. Waffles
 - B. Cherry Frudel
 - C. Long John Donut

Fruit & Juice
Milk Choice

- 29
- A. Pancake Sausage Stick
 - B. Strawberry Cream Bagels
 - C. Chocolate Filled Crescent

Fruit & Juice
Milk Choice

- 30
- A. Glazed Donut Ring
 - B. Super Cinni Pretzel
 - C. Breakfast Pizza

Fruit & Juice
Milk Choice

MEAL PRICES

Student Breakfast: \$1.65
Reduced Breakfast: \$.30
Adult Breakfast: \$1.95
Extra Entrée: \$1.25
Extra Milk: \$.50
Extra Juice: \$.55



ENTRÉES OFFERED DAILY

JK – 8th: Entrée A, B, C or
Cereal & Toast
High School: Breakfast Entrée with
Cereal or Toast