

Sioux Valley School District

September JK-5 Lunch Menu

Monday

3
No School

Tuesday

4
A. Spaghetti w/Meat Sauce w/Garlic Toast
B. Crispy Chicken Sandwich
C. Ham & Cheese Sub
Corn

Wednesday

5
A. Pulled Pork Sandwich
B. Cheese Pizza Calzone
C. Cold Cut Sub
Coleslaw

Thursday

6
A. Meatloaf w/Roll
B. Stuffed Crust Pizza
C. Yogurt & Uncrustable®
Mashed Potatoes w/Gravy

Friday

7
A. Beef Soft Shell Tacos
B. Cheeseburger
C. Italian Sub
Crispy Potato Crowns

10
A. Grilled Cheese Sandwich
B. Pork Fritter Sandwich
C. Turkey & Cheese Sub
Baked Fries

11
A. Cheeseburger Mac
B. Chicken Nuggets
C. Chef Salad
Cinnamon Roll
Carrots

12
A. Super Mexi Tots w/Bread
B. Cheese Stuffed Breadsticks
C. Cold Cut Sub
California Blend Veggies

13
A. Chicken & Noodles w/Bread
B. Beef Hot Dog on Bun
C. Yogurt & Uncrustable®
Peas

14
Fresh Baked Pizza
A. Sausage Pizza
B. Cheese Pizza
C. Italian Sub
Sidekicks® Frozen Juice Cup

17
A. Chicken Drumstick w/Dinner Roll
B. Pulled Pork Sandwich
C. Turkey & Cheese Sub
Mashed Potatoes w/Gravy

18
A. Beef & Cheese Burrito
B. Crispy Chicken Sandwich
C. Ham & Cheese Sub
Corn

19
A. Cheese Ravioli w/Garlic Bread
B. Corn Dog
C. Cold Cut Sub
Broccoli

20
A. Tangerine Chicken w/Rice
B. Cheese Pizza Calzone
C. Yogurt & Uncrustable®
Stir Fry Veggies

21
A. Chili w/ Corn Chips
B. Chicken Nuggets
C. Italian Sub
Cinnamon Roll
Carrots

24
A. Ham & Scalloped Potatoes w/Bread
B. Stuffed Crust Pizza
C. Turkey & Cheese Sub
California Blend Veggies

25
A. Mac n' Cheese
B. Corn Dog
C. Ham & Cheese Sub
A&B: Carnival Cookie
Sidekicks® Frozen Juice Cup

26
A. Chicken Nuggets w/Dinner Roll
B. Pulled Pork Sandwich
C. Cold Cut Sub
Baked Beans

27
A. Nachos Grande
B. Hot Ham & Swiss on Bun
C. Yogurt & Uncrustable®
Corn

28
No School



Please remember to take at least ½ cup fruit & or veggies for a well balance meal



Daily Lunch Menu Includes

- Choice of A, B or C Entrées
- Unlimited Fresh Field Bar
- Milk Choice: Strawberry Skim, Chocolate Skim and 1% White

Meal Prices

Student Lunch K-5: \$2.70
Reduced Lunch: \$.40
Adult Lunch: \$3.65
Extra Entrée: \$1.80
Extra Milk: \$.50

Fill Up & Fuel Up Unlimited Fresh Field Bar
Vegetables on the menu and on the fruit & vegetable bar meet or exceed all vegetable subgroup weekly requirements